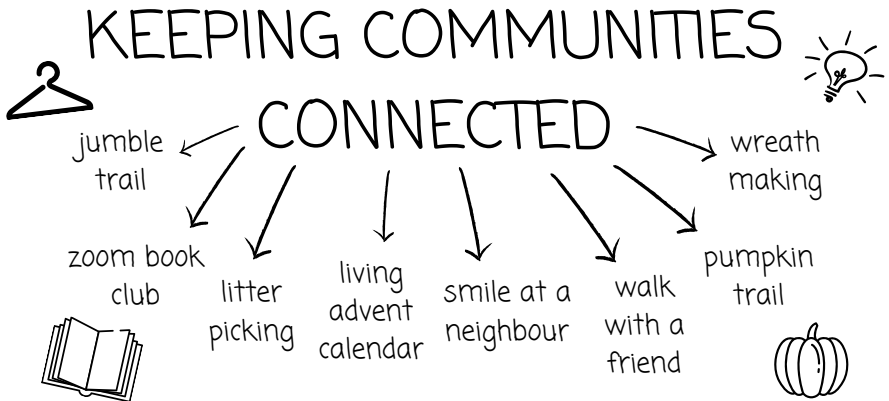


Connecting with people locally has been shown to have a huge impact on our health and wellbeing, and it has been fantastic that communities in Exeter have found so many ways to keep connected throughout the pandemic.

Do you have an idea for keeping up connections over the next few months? Share your ideas, or just say hello to a neighbour, by tearing off the slip below and popping it through their door.



Find out more or print off more slips at communitybuilders.eci.org.uk.

Hello Neighbour!

My name is...

I live at...

You can contact me on...

What do you think about doing this locally?

Produced by Exeter Community Builders, part of Wellbeing Exeter. To find out more about us or to have a chat with your Community Builder, visit communitybuilders.eci.org.uk.

